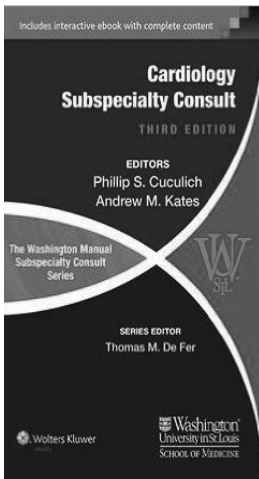


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Cardiology Subspecialty Consult, Third Edition

Philip S. Cuculich, Andrew M. Kates, eds
 Philadelphia, PA, Lippincott Williams & Wilkins, 2014, 513 pp., \$54.99, paperback



Compact, concise, and comprehensive are the terms that accurately describe *Cardiology Subspecialty Consult, Third Edition*. This book is packed with an enormous amount of information regarding general cardiology topics. It is equally useful to practicing physicians as well as residents and students. It's pocket size and light weight,

making it convenient to carry.

Multiple authors have contributed to this book, including mainly clinical faculty and fellows at the Department of Internal Medicine, Cardiovascular Division, Washington University School of Medicine, St. Louis, MO. As a primary care physician I encounter numerous patients with cardiovascular complications in the office and the hospital and have found this book quite helpful.

This book consists of a total of 38 chapters. The first chapter describes the cardiology consult, and the following few chapters talk about cardiovascular exam, evaluation of cardiovascular symptoms, and cardiovascular emergencies. The subsequent chapters describe specific cardiovascular diseases such as coronary artery disease and congestive heart failure in detail. There are few sections detailing methods and interpretation of various cardiovascular procedures such as electrocardiography (ECG), echocardiography, cardiac computed tomography, magnetic resonance imaging, positron emission tomography, and coronary angiography. There is also a very helpful chapter on device emergencies. The chapter I found most

useful for primary care physicians is “The cardiac patient undergoing non-cardiac surgery.” They have really simplified and explained the pre-operative evaluation well. For those who want to learn beyond basics of ECG interpretation, there is a section on “Advanced Electrocardiography.”

This book explains the indications, contraindications, and interpretations of various diagnostic tests very well. It also includes a lot of different scales and scoring systems for various diseases. Every chapter has a comprehensive list of differential diagnoses.

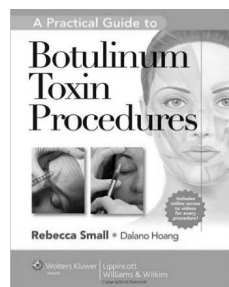
From my perspective, the highlights of this book are the great mnemonics and algorithms that aid remarkably in recalling information. In addition, there are good diagrams and tables that further help in retention of the content. While this book does a great job of acting as a fast review for symptom evaluation and management, it should not be used as a reference for core cardiology topics because the information on pathophysiology is limited. Some of the content is repetitive, and certain information is beyond the scope of basic cardiology. The information in this book is evidence based, and there is a wide-ranging list of references at the end of each chapter.

In a nutshell, *Cardiology Subspecialty Consult, Third Edition* provides a lot of clinical information for key cardiology topics in a manner that is easy to understand and remember. The language is simple, and the flow of the content is great. The book is reasonably priced. I do believe it would make a good read for primary care physicians, family medicine and internal medicine residents, and medical students, as well as cardiology fellows.

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A Practical Guide to Botulinum Toxin Procedures

Rebecca Small, Dalano Hoang, eds
 Philadelphia, PA, Lippincott Williams & Wilkins, 2012, 153 pp., \$97.19, hardcover



A Practical Guide to Botulinum Toxin Procedures is part of a series of books by Rebecca Small reviewing cosmetic procedures. This book focuses on the face. There are sections on frown lines,

horizontal forehead lines, crow's feet, eyebrow lift, bunny lines, lip lines, gummy smile, marionette lines, chin, and neck bands. It is a concise beginner's guide and a handy office reference rolled into one for both those who have an interest in learning about basic aesthetic injections with botulinum toxin and more seasoned practitioners who want a refresher or to learn a new procedure. It is not a book that discusses some of the proposed therapeutic uses of botulinum toxin to treat, for example, migraines or torticollis, with the exception of one chapter reviewing the treatment of axillary hyperhidrosis.

The book begins with an in-depth and beautifully illustrated review of the anatomy of the superficial musculature of face and neck. This is followed by a relatively brief but information-loaded chapter covering topics from how skin ages through the history and indications for use of botulinum toxin, its mechanism of action, patient selection, alternative therapies, safe storage, dosing, possible complications, and reimbursement. This chapter is very informative in a superficial way. It is an adequate introduction to inform the curious novice about the clinic support and structure needed to consider starting an injection service within their clinic. It would help them consider whether to embark on the needed classes/clinical experience to become competent. It is not in itself enough for training. For the seasoned clinician, it is a review.

The majority of this book is taken up by step-by-step approaches to each procedure

covered. Each chapter is dedicated to a single botulinum toxin procedure with all relevant anatomy reviewed, including target muscles and their functions, as well as the muscles to be avoided. There are tips and strategies to perform the procedures more effectively and minimize complications. The format is practical, concise, and well-illustrated with abundant photos. The book also includes access to online videos of the author performing each procedure. For each procedure there is a supply list and dosing suggestions, as well as follow-up and management of complications.

The book concludes with a series of six useful appendices—Botulinum Toxin Treatment Tables, Aesthetic Intake Form, Patient Information Handouts, Consent Forms, Procedure Notes, and Supply Sources.

I was inspired to read and review this book as one curious about the complexity of offering aesthetic botulinum toxin injections in the office. I am a practicing obstetrician/gynecologist who is comfortable with procedures but who has never done any kind of training in these injections. Given this background, to me, Dr Small's book is very informative and designed carefully for ease and convenience of use. It nicely achieves what it sets out to do, which is serve as a guide, but not a replacement, for experience in the aesthetic use of botulinum toxin. For this purpose, it is a gem of an office reference.

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